

# Pool Life Guard Training



**Duration: 2 Days**  
**Course Size: 2 persons (min)**  
**Rate: 15,000 THB**  
**+ 7% VAT (per person)**

**Assessment:**  
**Theory and Practical**

**Pre-requisite:**  
**Knowledge in Swimming and**  
**Medical Certificate**

**Schedule:**  
**Scheduled dates available on**  
**request**

**Location:**  
**PISTC Training Center**

**Certificate :**  
**PISTC Certificate**

**Validity:**  
**2 years**

## Target Audience

This course is designed for those who oversee the safety of the swimmer in a Pool Water Environment

## Course outline:

**Fitness Test**  
**Life guarding**  
**Accident Prevention**  
**Risk Management**  
**First Aid Principle**  
**Oxygen Administration**  
**Automated External Defibrillation (AED)**  
**CPR**  
**Rescue Response**  
**Deep Water Retrieval - Unconscious**  
**Pool Side Retrieval - Unconscious**  
**Handling Panicking Casualty in the Water**  
**Casualty handling techniques**  
**Use of Stretcher**

